St George's C of E Primary School

PSHE Policy

St George's C of E School

School's theological-rooted Christian Vision

At St George's CE Primary school our vision is that every child upholds the Christian values with them in their daily lives. Our children strive to be confident, kind, thoughtful and selfless. You can see our vision come to life when walking through our school and in our classrooms. Our school motto is 'Jesus colours our love, our life, our learning'. We strive to live out this vision in everything we do in school to allow children to enjoy the fullness of life and enable them to flourish in the world in which they live.

Our vision is rooted in the Gospel of John and in particular chapter 10 'I have come that they may have life and have it to the full.' Our vision is rooted in the principle of Jesus' teaching that we must use his teaching to allow children to live life to the full and be able to flourish in their life within and beyond school. Our school vision encompasses our 6 Christian values (compassion, love, truthfulness, thankfulness, forgiveness and hope)

September 2025

Policy adopted:- September 2025

Policy to be reviewed:- September 2028

Signed on behalf of Governing Body:- G.JAMES

Signed by the Headteacher:- J.Young

1. School vision and values

At St George's CE Primary School, our Christian vision and values of **Hope, Compassion, Love, Truthfulness, Thankfulness and Forgiveness** underpin all aspects of school life. PSHE education plays a vital role in enabling pupils to flourish academically, socially and emotionally, and to develop as confident, resilient and responsible members of our school community and the wider world.

Through PSHE, we aim to nurture the whole child, supporting pupils' wellbeing, character development and moral understanding, and preparing them for life in modern Britain.

2. Aims and objectives

PSHE at St George's aims to:

- Promote pupils' spiritual, moral, social, cultural, mental and physical development.
- Support pupils' wellbeing and safeguarding, in line with the Children Act 2004.
- Equip pupils with the knowledge, skills and understanding to lead healthy, safe and fulfilling lives.
- Develop positive attitudes, resilience, empathy and self-regulation.
- Enable pupils to build and sustain respectful relationships.
- Promote British Values, including democracy, the rule of law, individual liberty and mutual respect and tolerance.
- Support equality, inclusion and respect for diversity, in line with the Equality Act 2010.
- Prepare pupils for the opportunities, responsibilities and experiences of later life and employment.

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3. Statutory context

This policy reflects statutory requirements for:

- Relationships Education (DfE, 2019)
- Health Education (DfE, 2019)
- Safeguarding and child protection (KCSIE)
- Equality Act 2010

PSHE is delivered as part of a broad and balanced curriculum and contributes directly to pupils' personal development as outlined in the Ofsted Education Inspection Framework.

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4. What is PSHE?

Personal, Social, Health and Economic Education is a planned programme of learning through which pupils acquire the knowledge, skills and attributes they need to manage their lives now and in the future. PSHE helps pupils to:

- Understand themselves and others

- Manage emotions and behaviour
- Make informed choices
- Stay safe, including online
- Build confidence and resilience
- Develop empathy and respect for others

PSHE at St George's is closely linked to safeguarding, behaviour, inclusion and our wider personal development offer.

5. Curriculum organisation and teaching

St George's CE Primary School follows the **Kapow Primary PSHE and RSE scheme of work**, which is fully aligned with statutory Relationships and Health Education and the PSHE Association Programme of Study.

PSHE is taught weekly from Reception to Year 6 and is organised around the following strands:

- Families and relationships (supported by our separate RSE policy)
- Health and wellbeing
- Safety and the changing body
- Citizenship
- Economic wellbeing
- Identity (upper KS2)

The curriculum is progressive, age-appropriate and responsive to pupils' needs. Teaching is adapted to support all learners, including pupils with SEND and disadvantaged pupils, in line with our inclusive practice and adaptive teaching approach.

6. Teaching approaches

PSHE lessons at St George's:

- Create a safe, respectful and inclusive learning environment
- Encourage discussion, reflection and pupil voice
- Use high-quality resources, stories and real-life scenarios
- Promote emotional literacy and self-regulation
- Support pupils to apply learning to real situations

PSHE is also reinforced through:

- Collective worship and reflection
- Behaviour policy and the **Rainbow Hearts** approach
- Pastoral support and nurture provision (including the Happy Hub)
- School values, assemblies and enrichment activities

7. Safeguarding and online safety

Safeguarding is a core element of PSHE teaching. Pupils are taught how to:

- Keep themselves safe
- Recognise trusted adults
- Understand healthy and unhealthy behaviours
- Stay safe online and manage digital risk

Online safety is taught in line with *Education for a Connected World* and is closely linked to our Computing curriculum and Digital Strategy, including the safe use of Chromebooks and online platforms.

Any safeguarding concerns arising from PSHE lessons are managed in line with the school's Child Protection and Safeguarding Policy.

8. Relationships and Sex Education (RSE)

Relationships Education is statutory for all primary pupils. Health Education is also statutory. Sex Education beyond the statutory content is taught in line with our **separate RSE policy**.

Parents are informed in advance of sensitive content and have the right to request withdrawal from non-statutory elements of Sex Education, in line with DfE guidance.

9. Inclusion and equality

PSHE at St George's promotes equality, diversity and respect. Teaching reflects the needs of all pupils and supports:

- Pupils with SEND
- Disadvantaged pupils
- Pupils from diverse family backgrounds

Adaptations are made where necessary to ensure that all pupils can access and engage meaningfully with PSHE learning.

10. Assessment and monitoring

Assessment in PSHE is ongoing and formative, using:

- Teacher observation
- Discussion and questioning
- Pupil reflection and self-assessment
- End-of-unit activities within Kapow

The PSHE lead and senior leaders monitor PSHE through lesson visits, pupil voice, planning reviews and discussions with staff. Impact is reported to governors as part of the school's monitoring cycle.

11. Parental engagement

We work in partnership with parents and carers by:

- Informing parents of PSHE and RSE content
- Sharing resources where appropriate
- Responding to questions or concerns
- Encouraging home discussion to reinforce learning

12. Links with other policies

This policy should be read alongside:

- Behaviour Policy
- Safeguarding and Child Protection Policy
- RSE Policy
- Online Safety Policy
- Equality Policy
- SEND Policy

13. Review

This policy will be reviewed every three years or earlier if statutory guidance changes.