

St George's C of E Primary School

RSE Policy



School's theological-rooted Christian Vision

At St George's CE Primary school our vision is that every child upholds the Christian values with them in their daily lives. Our children strive to be confident, kind, thoughtful and selfless. You can see our vision come to life when walking through our school and in our classrooms. Our school motto is 'Jesus colours our love, our life, our learning'. We strive to live out this vision in everything we do in school to allow children to enjoy the fullness of life and enable them to flourish in the world in which they live.

Our vision is rooted in the Gospel of John and in particular chapter 10 'I have come that they may have life and have it to the full.' Our vision is rooted in the principle of Jesus' teaching that we must use his teaching to allow children to live life to the full and be able to flourish in their life within and beyond school. Our school vision encompasses our 6 Christian values (compassion, love, truthfulness, thankfulness, forgiveness and hope)

September 2025

Policy adopted:- September 2025

Policy to be reviewed:- September 2028

Signed on behalf of Governing Body:- *G. JAMES*

Signed by the Headteacher:- *J. Young*

Personal, Social, Health Education (PSHE) and Relationships & Sex Education (RSE) Policy

1. School Vision and Values

At St George's Church of England Primary School, our PSHE and RSE curriculum is rooted in our Christian vision of *"life in all its fullness"* (John 10:10). We are committed to nurturing confident, compassionate and resilient children who are equipped to flourish academically, socially, emotionally and spiritually.

Our school values of hope, love, compassion, truthfulness, forgiveness and thankfulness underpin the way PSHE and RSE are taught and lived out across school life. Through this curriculum, we aim to support children to develop a strong sense of self-worth, respect for others and an understanding of their responsibilities within their community and the wider world.

2. Aims of PSHE and RSE

The aims of PSHE and RSE at St George's are to:

- Support pupils to develop healthy, respectful relationships and a positive sense of identity
- Enable children to understand and manage their emotions and mental wellbeing
- Equip pupils with the knowledge, skills and vocabulary needed to keep themselves safe, including online
- Prepare children for the physical and emotional changes of growing up, including puberty
- Promote kindness, empathy, respect and responsibility in line with British values and our Christian ethos
- Support safeguarding by helping pupils recognise, report and seek help for concerns

PSHE and RSE are central to our commitment to personal development, pupil wellbeing and inclusion.

3. Statutory Requirements

As a maintained primary school, St George's Church of England Primary School provides:

- **Relationships Education** for all pupils, as required by the Children and Social Work Act 2017
- **Health Education**, including mental wellbeing, physical health and online safety
- **Sex Education** elements that are part of the National Curriculum for Science

We have regard to statutory guidance issued by the Secretary of State, including *Relationships Education, Relationships and Sex Education (RSE) and Health Education* (DfE).

4. Definition of PSHE and RSE

PSHE education supports the personal, social, health and economic development of pupils. RSE is an integral part of PSHE and focuses on relationships, emotional wellbeing, personal safety and, where appropriate, human development.

RSE is not about the promotion of sexual activity. It is about providing age-appropriate, accurate and respectful information within a clear moral framework that supports children to make safe and informed choices.

5. Curriculum Overview

PSHE and RSE at St George's are taught using the **Kapow Primary PSHE and RSE scheme**, which provides a carefully sequenced and progressive curriculum from EYFS to Year 6.

The curriculum is structured around five key strands:

- Families and relationships
- Health and wellbeing
- Safety and the changing body
- Citizenship
- Economic wellbeing

Learning is revisited over time, allowing children to build knowledge, skills and understanding progressively. Vocabulary is explicitly taught and revisited to ensure pupils feel confident discussing sensitive topics appropriately.

6. Delivery of PSHE and RSE

PSHE and RSE are taught regularly through planned lessons. Teaching is delivered by trained staff in a safe, respectful and inclusive environment. Lessons encourage discussion, reflection and respectful listening, enabling pupils to explore ideas, develop empathy and ask questions.

Key principles of delivery include:

- Clear expectations for respectful behaviour and language
- Teaching that reflects the diversity of modern Britain while remaining rooted in Christian values
- Use of age-appropriate resources and teaching strategies
- Opportunities for pupils to reflect on values, beliefs and influences

Biological aspects of human development are taught within the science curriculum, with RSE lessons supporting understanding of relationships, emotions and wellbeing.

7. Inclusion and SEND

The PSHE and RSE curriculum at St George's is inclusive and accessible to all pupils. Adaptations are made to support pupils with SEND so that all children can engage meaningfully with learning.

Staff are mindful that some pupils may be more vulnerable due to additional needs or personal circumstances. Teaching is responsive, sensitive and informed by knowledge of individual pupils.

8. Safeguarding and Confidentiality

PSHE and RSE play a vital role in safeguarding at St George's. Pupils are taught about boundaries, consent, privacy and how to seek help if they feel unsafe or worried.

If a child makes a disclosure or a safeguarding concern arises during a PSHE or RSE lesson, staff follow the school's safeguarding procedures immediately. Information will be shared with the Designated Safeguarding Lead in line with the safeguarding policy.

While pupils' privacy is respected, staff cannot guarantee confidentiality if a child is at risk of harm. Pupils are supported sensitively throughout this process.

9. Parents and Carers

We recognise parents and carers as key partners in PSHE and RSE.

- Parents are informed about the PSHE and RSE curriculum and have access to information about Kapow Primary content
- Parents are notified in advance of lessons that may be considered sensitive
- Resources may be shared to support discussion at home

Parents have the right to withdraw their child from the **non-statutory sex education elements** of RSE (such as conception and birth), but not from Relationships or Health Education. Requests must be made in writing to the Headteacher and will be discussed with parents before any decision is finalised.

10. Roles and Responsibilities

Governing Board

The Governing Board approves this policy and holds the Headteacher to account for its implementation.

Headteacher

The Headteacher is responsible for ensuring PSHE and RSE are taught consistently and in line with this policy, and for managing requests for withdrawal.

PSHE Lead

The PSHE Lead supports staff, monitors provision and ensures curriculum coverage and quality.

Staff

All staff are responsible for delivering PSHE and RSE sensitively, modelling positive attitudes and responding appropriately to pupils' needs.

Pupils

Pupils are expected to engage respectfully in PSHE and RSE lessons and listen to the views of others.

11. Training and Support

Staff receive training and guidance to support effective delivery of PSHE and RSE. External visitors may be used to enhance learning, but responsibility for the curriculum remains with the school.

12. Monitoring and Review

The quality and impact of PSHE and RSE are monitored through:

- Lesson observations and learning walks
- Work scrutiny
- Pupil voice
- Staff feedback

This policy will be reviewed every three years or sooner if statutory guidance changes.

This policy has been developed in consultation with staff, governors, pupils and parents. Parents have been given opportunities to view and comment on the PSHE and RSE curriculum and policy through information sharing and discussion. Feedback is considered as part of the school's ongoing review process, and the policy is approved by the Governing Board.

This policy reflects the distinctive Christian ethos, community context and safeguarding commitment of St George's Church of England Primary School.