St George's CE Primary School

Physical Education Curriculum Statement

Vision and Ethos

At St George's CE Primary School, our vision—"Living life in all its fullness" (John 10:10)—underpins everything we do. Rooted in our Christian values of compassion, love, truthfulness, thankfulness, forgiveness, and hope, we aim to nurture curious, resilient, and confident learners who flourish academically, socially, and spiritually. We want every child to experience joy in learning, develop a strong sense of self, and contribute positively to our community and God's world.

Intent

At St George's CE Primary School, Physical Education is central to our Christian vision of living life in all its fullness. Our PE curriculum is designed to inspire all pupils to succeed and excel in competitive sport, creative movement and physical activity. It enables pupils to become physically literate while developing the knowledge, skills and motivation necessary for a healthy, active lifestyle.

Through a broad and balanced programme, pupils learn fundamental movement skills, apply them in a range of sports and activities, and develop the confidence to lead active lives beyond the school environment. Our aims are to ensure that all pupils:

- develop competence in a broad range of physical activities;
- are physically active for sustained periods of time;
- engage in competitive sports and activities;
- lead healthy, active lives;
- build resilience, teamwork and communication skills;
- demonstrate respect, fairness, courage and responsibility in all physical activity.

PE at St George's also supports pupils' physical and mental wellbeing, promotes our Gospel and British Values and encourages children to live out our school values both on and off the field.

Implementation

PE is taught weekly throughout school and delivered through a sequenced programme that develops skills progressively from Early Years to Year 6. Lessons are taught by both class teachers and specialist coaches to ensure high-quality provision. We use a structured curriculum that promotes mastery of fundamental movement skills, creative expression through dance, tactical understanding in games, physical control in gymnastics and stamina in athletics.

In KS2, pupils access swimming lessons to develop confidence in the water and essential life-saving skills. Competitive opportunities—both within school and against other schools—enhance pupils' experience, encouraging teamwork and good sportsmanship.

Provision is further enriched through:

- lunchtime and after-school sports clubs;
- inter- and intra-school competitions;
- leadership roles such as sports leaders;
- active playtimes and daily movement opportunities;
- strong links with local sports organisations and coaches;
- purposeful vocabulary instruction and regular retrieval practice.

Teachers adapt learning to ensure accessibility and challenge for all pupils, including those with SEND, using physical modelling, scaffolded instruction and adapted tasks. Opportunities for reflection encourage pupils to evaluate performance, set goals and recognise personal improvement.

Impact

Through high-quality teaching and memorable experiences, pupils at St George's become confident, motivated and physically capable learners who:

- demonstrate proficiency across a wide range of physical skills and sports;
- understand the importance of physical activity for long-term health and wellbeing;
- work cooperatively, show leadership and communicate effectively in team settings;
- display resilience, determination and respect through both success and challenge;
- make thoughtful decisions about healthy lifestyle choices;
- reflect our school values through fairness, encouragement and positive behaviour.

The impact of the PE curriculum is evident in pupils' participation, enthusiasm, physical competence and understanding of how to lead active, healthy lives. PE contributes strongly to the ethos of our school and prepares pupils to flourish physically and mentally in modern society.

Assessment

Assessment in PE is continuous and purposeful. Teachers assess pupils' skills, knowledge and physical development through:

- observation of practical performance and participation;
- discussion, questioning and self-assessment;
- skill progression checklists matched to curriculum objectives;
- pupil voice and reflection on personal achievement and next steps;

Assessment outcomes inform planning, ensuring progression in physical competence, tactical understanding and personal growth as pupils move through school.