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Anti-Bullying Week – Monday 16th November 2026

Dear Parents and Carers,

We are looking forward to celebrating **Anti-Bullying Week** in school, beginning on Monday 16th November 2026.

This year's focus encourages us all to **'Break the Silence'** around bullying. We want to help children understand the importance of speaking out, supporting one another and recognising that bullying should never be ignored or accepted. Most importantly, we want to celebrate the fact that we are all unique, special and deserving of kindness and respect.

To kick-start the week, we are inviting all children to come to school wearing **odd socks on Monday 16th November**! This is a fun way of showing that we are all different and that our individuality is something to be celebrated.

Throughout the week, children will take part in a range of age-appropriate activities in their classes, helping them to explore themes such as:

- Celebrating our differences and individuality.
- Understanding what bullying is and the impact it can have.
- Having the confidence to speak out and ask for help.
- Showing kindness, respect and support towards others.
- Understanding the importance of standing together against bullying.

We will also be using resources from BBC Bitesize to support our learning and discussions.

On **Monday 16th November at 2.30pm**, we will be holding a whole-school worship linked to Anti-Bullying Week and the story of David and Goliath. This will provide an opportunity to reflect on standing up for what is right, having courage and recognising that everyone has something special to offer.

We will also be sharing photographs of some of the activities taking place throughout the week on our school Facebook page, so please keep an eye out for these!

We hope that the week will provide a valuable opportunity for our children to reflect on how their words and actions can make a difference and how, together, we can create a school community where everyone feels safe, valued and included.

Thank you for your continued support.

Kind regards,

Miss Holt

Assistant Headteacher

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